

CLAIMS

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1. A topical lotion for relieving pain, swelling or inflammation comprising:
- the active ingredient consisting of oatstraw extract; and
- water,
- characterized in that the oatstraw extract is prepared by steeping oatstraw in water.
2. The topical lotion according to claim 1 wherein the water is filtered and magnetized water.
3. The topical lotion according to claim 2 including glycerine.
4. The topical lotion according to claim 3 including lavender oil.
5. The topical lotion according to claim 4 wherein the glycerine is vegetable glycerine.
6. The topical lotion according to claim 4 wherein the topical lotion consists essentially of:
- at least 50% oatstraw extract;
- at least 25% glycerine; and
- 0.1-0.2% lavender oil,
- the sum of these three components being 100%.
7. The topical lotion according to claim 5 wherein the topical lotion consists essentially of:
- 0.1% lavender oil;
- 25% vegetable glycerine; and
- q.s. to 100% filtered oatstraw extract in filtered and magnetized
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providing a topical lotion ~~the~~ lotion consisting essentially of:

at least 25% glycerine; and

the sum of these three components being 100%; and

9. The method according to claim 8 wherein the pain, swelling,

psoriasis; leprosy; skin poisoning from plants, shingles; measles; chicken pox; boils; cold sores; colds and flu; sinus congestion; sun damage; burns; sunburns; menstrual bloating; menstrual cramps; foot pain; acne; eczema; rosacea; dermatitis; insect bites; parasitic infections; herniated discs; back and/or leg spasms; sore or damaged muscles, ligaments and tendons; bruising; varicose veins; fibromyalgia; multiple sclerosis; cancer treatments; internal organ injuries; brain and nerve surgery; and arthritis.

providing a topical lotion the lotion consisting essentially of:

at least 25% glycerine; and

the sum of these three components being 100%; and

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applying the topical lotion to the scalp of an individual, thereby stopping hair loss.

11. The method according to claim 10 wherein the hair loss is caused by psoriasis.

12. A method of promoting hair growth comprising:
providing a topical lotion consisting essentially of:
at least 50% oatstraw extract;
at least 25% glycerine; and
0.1-0.2% lavender oil,
the sum of these three components being 100%; and
applying the topical lotion to the scalp of an individual, thereby promoting hair growth.

13. A method of relieving headache pain comprising:
providing a topical lotion consisting essentially of:
at least 50% oatstraw extract;
at least 25% glycerine; and
0.1-0.2% lavender oil,
the sum of these three components being 100%; and
applying the lotion topologically to the forehead and neck of the individual, thereby relieving headache pain.

14. A facial cleanser comprising:
a lotion consisting essentially of:
at least 50% oatstraw extract;
at least 25% glycerine; and

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the sum of these three components being 100%; and
a suitable carrier.

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18. A hair or body product comprising:

a mixture consisting essentially of:

at least 50% oatstraw extract;

at least 25% glycerine; and

0.1-0.2% lavender oil,

the sum of these three components being 100%; and

a suitable carrier.

19. The body or hair product according to claim 18 selected from

the group consisting of: body washes; shaving creams; shaving gels; shaving
lotions; shampoos; conditioners; body lotions; moisturizing lotions; facial and
wrinkle lotions; hand lotions; body creams; hand creams; facial creams; after-
shave lotions; skin cleansing preparations; make-up removers; personal
deodorants; suntan oil preparations; sunscreen preparations; sun block
preparations; lip balms; aromatherapy products; massage gels; foot lotions; facial
masques; pimple/acne preparations; facial and body firmers; pore size reducing
preparations; styling lotions; and styling sprays.

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20. A process for preparing a topical lotion comprising:

providing a quantity of oatstraw;

providing heated water;

placing the oatstraw in the heated water;

steeping the oatstraw in the heated water, thereby producing an

oatstraw mixture;

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filtering the oatstraw mixture, thereby producing an oatstraw xtract;

and

mixing the oatstraw extract with glycerine and lavender oil, thereby producing a topical lotion.

21. The process according to claim 20 wherein the heated water is filtered and magnetized water.

22. The process according to claim 21 wherein the topical lotion consists essentially of:

at least 50% oatstraw extract;

at least 25% glycerine; and

0.1-0.2% lavender oil,

the sum of these three components being 100%.

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